

Teresa Tomeo BIOGRAPHY:

Teresa Tomeo is an author, syndicated Catholic talk show host, and motivational speaker with more than 30 years of experience in TV, radio and newspaper, 20 of which were as a secular reporter/anchor in the Detroit market. In the year 2000, Teresa left the secular media to start her own speaking and communications company, [Teresa Tomeo Communications, LLC](#).

Her weekday morning radio program, [Catholic Connection](#), is co-produced by [Ave Maria Radio](#) in Ann Arbor, Michigan and the [EWTN Global Catholic Radio Network](#). It is heard on over 500 Catholic radio stations worldwide and on the Sirius Satellite Network. Teresa appears frequently on the EWTN Global Catholic Television Network, and co-hosts the EWTN television series, [The Catholic View for Women](#). In 2019, she opened her own Italy travel consultation company, [T's Italy](#), and in 2020 created "[T's Teatime](#)," providing positive and inspirational blogs and videos to uplift people during difficult times, and encouraging others to spread the message of hope to the culture.

Teresa has written more than 10 [books](#), is an international speaker, where she addresses media awareness and activism, as well as sharing her reversion to the Catholic Church. She resides in Detroit, Michigan with her husband, Deacon Dominick Pastore. They travel the world giving marriage and diaconate couples' retreats.