

Teresa Tomeo Biography

Teresa Tomeo is an author, syndicated Catholic talk show host, and motivational speaker with more than 30 years of experience in TV, radio and newspaper, 20 of which were as a secular reporter/anchor in the Detroit market. In the year 2000, Teresa left the secular media to start her own speaking and communications company, Teresa Tomeo Communications, LLC. Her weekday morning radio program, [Catholic Connection](#), is co-produced by [Ave Maria Radio](#) in Ann Arbor, Michigan and the [EWTN Global Catholic Radio Network](#). It is heard on over 500 Catholic radio stations worldwide and on the Sirius Satellite Network.

Teresa is a columnist and special correspondent for the national Catholic newspaper [OSV Newsweekly](#) and appears frequently on the [EWTN Global Catholic Television Network](#). Teresa co-hosts the EWTN television series, [The Catholic View for Women](#), and is a field reporter for their annual [March for Life](#) coverage in Washington, D.C. Teresa has been featured on *The O'Reilly Factor*, *Fox News*, *Fox & Friends*, MSNBC, *The Dr. Laura Show*, and *Dr. James Dobson's Family Talk Radio*, discussing issues of faith, media awareness, and Catholic Church teaching, especially as it relates to the culture. Teresa also hosts a monthly webinar, [Catholic Leaders Webinar Series: Media Matters](#), produced by Our Sunday Visitor.

She was one of a select group of international delegates invited to the Vatican Women's Congress in Rome, marking the 20th Anniversary of Pope Saint John Paul II's letter, *On the Dignity and Vocation of Women (Mulieris Dignitatem)* in 2008. Teresa also spoke at the Vatican conference entitled, "The Rights of the Family and the Challenges of the Contemporary World" on the topic, "The Way Family is Perceived in Society," presented by the Pontifical Council for the Family in 2013.

As an international speaker, Teresa addresses media awareness and activism, as well as sharing her reversion to the Catholic Church. She also leads various retreats and pilgrimages each year to destinations around the world, including Italy and the Holy Land.

Books

[Beyond Me, My Selfie and I: Finding Real Happiness in a Self-Absorbed World](#) – Servant Press

[Girlfriends and Other Saints: Companions On My Journey of Faith](#) – Word Among Us Press

[Intimate Graces: How Practicing the Works of Mercy Brings Out the Best in Marriage](#), with husband Deacon Dominick Pastore - Ave Maria Press

[Walk Softly and Carry a Great Bag: On-the-Go Devotions](#) - Servant Press

[God's Bucket List: Heaven's Surefire Way to Happiness In This Life and Beyond](#) – Random House

[Extreme Makeover: Women Transformed By Christ, Not Conformed to the Culture](#) – Ignatius Press

[Noise: How Our Media-Saturated Culture Dominates Lives and Dismantles Families](#) – Ascension Press

Coming Soon! [Beyond Sunday: Becoming a 24/7 Catholic](#) – Our Sunday Visitor Publishing

Audio/Video Courses

[Modern Media: Facing the Dangers, Opportunities, and Responsibilities](#), 4-part audio/video course - Catholic Courses by Tan Books

[Reclaiming Feminism: The Church's Traditions and Teachings on the Dignity of Women](#), 4-part audio/video course - Catholic Courses by Tan Books