



Beyond Sunday Parish Mission

Suggested Format

Saturday:

- Teresa Tomeo speaks at the end of Saturday Vigil Mass, inviting parishioners to the mission and encourages them to go "Beyond Sunday."
- **Beyond Sunday Team Training** - Gail Coniglio, co-author of Study Guide, meets with Parish "Beyond Sunday Parish Team" after the Saturday Vigil Mass to train them.

Sunday:

- Teresa Tomeo speaks at the end of all Masses on Sunday, inviting parishioners to the mission and encourages them to go "Beyond Sunday."
- **Mission begins Sunday afternoon** (3pm suggested start time)
 - **Parish Priest/Deacon Opens with Prayer** and explains why they're doing this mission (5 minutes)
 - **Priest Introduces Gail Coniglio**, co-author of Study Guide, who will serve as the host and explains the mission structure. Gail then introduces Teresa Tomeo for first presentation. (5 minutes)
- **Presentation I: How I Went Beyond Sunday: My Journey from Secular Anchor to Media Evangelist** - Teresa shares her own journey of falling away and returning to the Church and includes examples of how others can embrace Christ and truly go Beyond Sunday. (45 minutes)
 - **Personal/private reflection time** after the presentation (10 minutes). Reflection questions will be provided for reflection. Invitation to write down questions on 3 x 5 index cards.
- **Presentation II: Taking Your Faith Beyond Sunday: Starting your daily walk with Christ** - Here Teresa will examine some of the current issues and road-blocks, including personal challenges, that may be preventing Catholics to go beyond Sunday and give them ways to start overcoming those challenges and taking their first steps to walking daily with Jesus – 7 days each week. (45 minutes)
 - **Personal/private reflection time** after the presentation (10 minutes). Reflection questions will be provided for reflection. Gail will lead them through reflection questions and encourage them to write any questions they have. (Index cards will be provided)
- **Dinner & Group Discussion:** Break into small groups, which will eat dinner together, have fellowship, and share their reflections. Begin and end with prayer. (60 minutes)
- **Question and Answer Session with Teresa and Gail.** (30-45 minutes) - Questions are to be submitted on 3x5 index cards.
- **Presentation III: The Three M's of Faith: Meeting, Mercy, and Mission** - It all starts, as Teresa described in her testimony, with a personal encounter with Christ. Once we encounter Christ, truly receive His mercy then we are compelled to go on our mission learning about fulfilling God's will for our lives. Teresa will provide steps to enter into that very personal relationship with Christ, as well as action items to help participants go beyond Sunday, daily. (45 minutes)
- **Suggested Final Reflection Time: 30 minutes of Adoration/Benediction** where participants will write down concrete action steps how they are going to take their faith Beyond Sunday
- **Wrap Up/Introduction to Beyond Sunday Study Program, Final Questions and Answers**
- **Final Blessing by Priest/Deacon**
- **Meet and Greet and Book Sales:** Teresa and Gail will be available before and after the Mission as well as before and after the weekend Masses to sell and sign books and meet parishioners

Suggestions for the Parish:

- A meal and refreshments be provided by the parish (or assigned to key ministries) during the mission.
- Having several Priests available for confessions on Saturday and Sunday.
- Closing Reflection time be 30-minutes of Adoration/Benediction.
- Having any relics available be present and displayed during the Parish Mission.
- Questions are to be submitted on 3" x 5" index cards.

For More Information Contact: (586) 777-2691

BeyondSunday@osv.com or www.OSV.com/BeyondSunday

"Teresa Tomeo's *Beyond Sunday* is an inspiring call to action for Catholics from all walks of life to fully embrace all the beauty and intelligence the Church has to offer."

BISHOP ROBERT BARRON, author of *To Light a Fire on the Earth*



"From beginning to end, Teresa Tomeo offers insight on living our Catholic Faith every day of the week 'not to condemn but to encourage.' Wonderful practical ideas will help every reader find guides to holiness step by step and day by day."

FR. MITCH PACWA, EWTN host, Biblical Scholar, and President and Founder of Ignatius Productions



"With her clear passion for evangelization, Teresa Tomeo takes readers deeper in the Faith in such an engaging and accessible way. She equips us with the tools, not just to grow in our own relationship with God, but to share our faith with friends and family."

EDWARD SRI, author of *Who Am I to Judge?* and *Pope Francis and the Joy of the Gospel*



"Author Teresa Tomeo comes to the rescue by writing a book to encourage Catholics to live out their faith every day of the week, not reserving it for Sundays only... I highly recommend this book and Study Guide!"

DONNA-MARIE COOPER O'BOYLE, EWTN TV host, pilgrimage host, speaker, and author



"The ultimate source of a full and abundant life, is to let ourselves be loved by God... Teresa Tomeo's new book *Beyond Sunday* invites us to ignite this fire within and shows us like a beacon a practical way how. Everyone should read this book. Everyone."

CHRIS STEFANICK, author, speaker, and founder of Real Life Catholic



"Teresa Tomeo has brought the Church something that is long overdue - a book that gives both cradle Catholics and converts the "spiritual food" we all need to keep our faith alive and thriving!"

GAIL BUCKLEY, "The Bible Lady", Founder & President of Catholic Scripture Study International



"Through practical tips and humor, *Beyond Sunday* can appeal to all Catholics from different walks in life and help them grow in their relationship with Christ and open their eyes to the real beauty and treasures of the Catholic faith."

JANET MORANA, Director, Priests for Life and Co-Founder, Silent No More Awareness Campaign

