

Teresa Tomeo Biography

Teresa Tomeo is a bestselling author, syndicated Catholic talk show host, and speaker with more than thirty years of experience in print and broadcast media. Her weekday radio program, *Catholic Connection*, a co-production of Ave Maria Radio and EWTN, the global Catholic radio network, is heard daily on over 500 stations worldwide, and SiriusXM Satellite Radio. Her TV show, *The Catholic View for Women*, is seen twice weekly on EWTN.

Tomeo is a columnist and special correspondent for *OSV Newsweekly*. She has been featured on *The O'Reilly Factor*, *Fox News*, *Fox and Friends*, MSNBC, and the *Dr. Laura Show*. She was named a Vatican conference speaker and conference delegate and spoke at the 2013 conference the "Rights of the Family and the Challenges of the Contemporary World" sponsored by the Pontifical Council for the Family. Tomeo participated in the Vatican Women's Congress in 2008. She speaks throughout North America and also leads overseas retreats and pilgrimages annually. Tomeo is a teacher for St. Benedict Press' Catholic Courses. She is best known for her bestselling books: *Extreme Makeover: Women Transformed by Christ, Not Conformed to the Culture*; and *Noise: How Our Media Saturated Culture Dominates Lives and Dismantles Families*.

Her latest books include *Beyond Me, My Selfie, and I: Finding Real Happiness in a Self-Absorbed World*; *Girlfriends and Other Saints: Companions on My Journey of Faith*; and *Intimate Graces: How Practicing the Works of Mercy Brings Out the Best in Marriage*, co-written with her husband, Deacon Dominick Pastore. Teresa also hosts a monthly webinar, Catholic Leaders Webinar Series: Media Matters, produced by Our Sunday Visitor.